



World Natural Heritage Site

Shirakami-Sanchi

TRIP GUIDE BOOK

Where there's always
something exciting to do!



HIROSAKI & NISHIMEYA

The World Natural Heritage Shirakami-Sanchi

What Does It Take to Become a World Heritage Site?

The Shirakami-Sanchi meets one of the four natural criteria of UNESCO World Heritage Sites, which refers to the ecological and biological category. It also meets the conditions of integrity and has an adequate protection and management system to conserve it for a long time. These are why the Shirakami-Sanchi was registered on the World Heritage List.

*The conditions of integrity: the World Natural Heritage Sites should contain elements to demonstrate outstanding universal values, should have a sufficient size and should maintain the natural beauty of the property without any exploitation.

The Shirakami-Sanchi from the Perspective of SDGs

Beech trees arose near the Arctic Circle about 30 million years ago. Later, they spread southward to escape the cold in the Ice Age. Meanwhile, most of plant species hardly spread southward because a number of mountain ranges around the world ran east-west like a wall. As a result, most of beech forests now you see in the world have fewer varieties of plants. On the other hand, there were not mountain ranges that ran east-west in the Japanese Archipelago, and a number of plant species spread southward as beech trees did. Therefore, beech forests in Japan still form like the ancient vegetation about 30 million years ago, which make them unique and rich.

A giant beech tree called the Mother Tree in this rich beech forest was over 400 years old. Although the trunk of Mother Tree was unfortunately broken, and the upper part of the tree fell because of a typhoon, young trees get more sunshine from the space where the Mother Tree stood and grow bigger instead. You can see this alternation of generations in the beech forest.

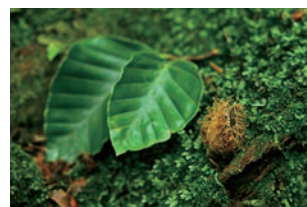
The Value of the Shirakami-Sanchi

The Shirakami-Sanchi became the best-known area where beech trees live on a large scale. Various plant species grow around

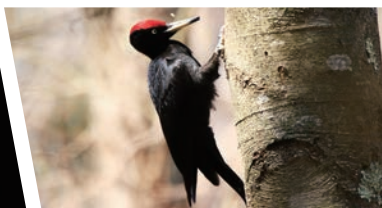


beech trees and creatures, mammals like Japanese monkeys, amphibians, reptiles, raptors, and birds, live together in this forest ecosystem with rich biodiversity. It is a paradise for those creatures.

The Shirakami-Sanchi was recognized as a rare natural environment and was named Japan's first



UNESCO World Natural Heritage Site together with Yakushima in Kagoshima Prefecture in 1993.



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The World Natural Heritage Trail Beech Forest Hiking Course

Approx. 2 km (60-120 min.)

- 📷 Photo Spots
- 📍 Recommended Directions and Areas

The World Natural Heritage Trail Beech Forest Hiking Course is a great way for even beginner hikers to take a leisurely walk around the World Natural Heritage area. Enjoy the last remnants of snow on the ground in the spring, the deep green in summer, and the fallen leaves in autumn.

Here we...

- Collect donation
- Rent helmets
- Accept check-in (See page 5 for more details)



Fill an empty bottle with delicious tasting spring water for your walk!



Here are two trees fused together at the trunk!
Left: Beech
Right: Painted Maple

Annon Valley Route

Fused Tree Trunk



Beautiful water and moss



Muddy Road



Drinking water

Square



Sign about Soil

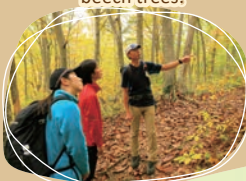
B



Large Fallen Tree



It's an enjoyable experience to walk on the soft leaves falling from the beech trees.



When large trees die and fall, they create spaces that allow sunlight to shine through to nourish the next generation of trees.

Annon River

← To Annon-no-taki Falls

A deep-breathing spot with beautiful sunlight shining through the tree branches

Square

Remains of a charcoal making hut

Large tree stump



An interesting sight created by rainwater running along the stem of the tree.

Area inscribed on the World Natural Heritage Site

Stem Flow



Recommended!

Trekking Fashion

SUMMER



AUTUMN



[What are SDGs?] Those are development goals designed to help us realize a sustainable society that we can pass down to future generations.



Only three minutes by foot from the Center House to the entrance of the World Natural Heritage area.

To Tsugaru Pass

Center House

To Hirosaki City

Entrance

Look for the black woodpecker monument of the World Natural Heritage Shirakami-Sanchi!

白神山地世界遺産地域 入口
World Heritage Site Entrance



World Natural Heritage Site,
Shirakami-Sanchi
Monument

*Illustrated image



Souvenir Shop

The Souvenir Shop has delicious sweets and other great souvenir items as well as ready-made food and everything you need for BBQ. Shirakami-Sanchi brand goods are also available here. Take a souvenir home as a reminder of your stay at Shirakami-Sanchi.

Aqua Green Village ANMON Center House

MAP J-2

Please drop into the Information Center, where the Shirakami-Sanchi World Natural Heritage Site Entry Pass and rental boots are available.

[Contact Information] 417 Okawazoe, Kawaratai, Nishimeya Village/8:30 a.m. (Open: Late April–early November)*Closing hour is subject to change depending on the season.



ANMON Wanpaku Fortress

This big playground structure is made of wood and surrounded by nature. It's great fun for the entire family going up and down maze-like stairs and racing down slides.



SDGs Viewpoints

Let's see how beech trees grow!



The three large waterfalls along the Anmon River, a branch of the Iwaki River, are called the Anmon-no-taki Falls. Beginning with the lowest fall, they are named the Third Waterfall, Second Waterfall, and the First Waterfall, the inmost of the three.

The Second Waterfall

(The second and middle waterfall)
Height: 37 m
Elevation: Approx. 172 m above sea level
Round Trip: Approx. 120 min.

The First Waterfall

(The inmost waterfall)
Height: 42 m
Elevation: Approx. 209 m above sea level
Round Trip: Approx. 150 min.

For advanced hikers

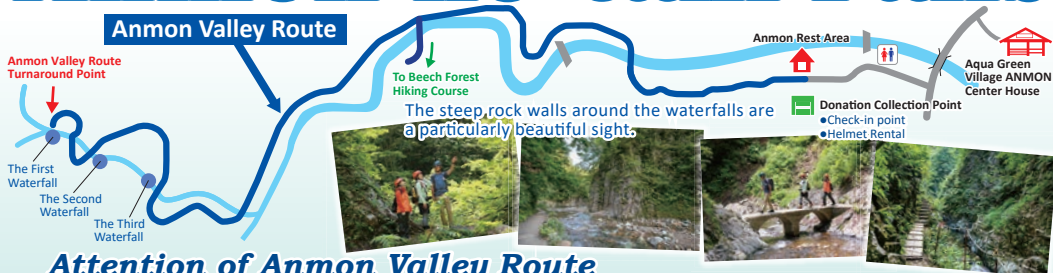
The Third Waterfall

(The first and lowest waterfall)
Height: 26 m
Elevation: Approx. 142 m above sea level
Round Trip: Approx. 90 min.



MAP J - 1

Anmon-no-taki Falls



Attention of Anmon Valley Route

- When trekking, submit a check-in form at the donation collection point at the entrance to the Anmon Valley Route. Check-in forms are available at the donation collection point. *Submission of a check-in form is also required when passing through the Anmon Valley Route via the World Natural Heritage Trail Beech Forest Hiking Course.
- We ask everyone walking the Anmon Valley Route to wear a helmet. *Rental helmets are available at the donation collection point for 100 yen.
- Trail guides are also available for individuals who would like a knowledgeable person to accompany them for detailed explanations and for assistance in case of illness or injury, sudden inclement weather, or other emergencies. (Reservation required)
- Falling rocks are not uncommon and pose a danger in some areas. Please exercise caution while on this route to ensure safety.
- Please note that the route is temporarily closed in the case of typhoon, heavy rain, or other weather that may cause flooding.

SCAN ME



The Shirakami Welcome Tree, Successor of the Mother Tree,

Estimated to Be 300 Years Old

MAP I-1

-Shirakami Welcome Tree(succeeding Mother Tree)-



The Mother Tree was a large beech tree estimated to be more than 400 years old, familiar to many for a long time as a symbol of Shirakami-Sanchi.

The Shirakami Welcome Tree has been selected as its successor symbolic tree.

As of 2024

Breast-height diameter: 129 cm

Trunk circumference: 405 cm

Height: Approx. 27 m

Location: Forest Subdivision 177-Ho-2, Onikawabe National Forest, Nishimeya Village, Nakatsugaru County, Aomori Prefecture

The Mother Tree's trunk snapped at a height of 9 meters above the ground, due to strong winds from Typhoon 21 in September 2018.

The average lifespan of beech trees is around 300 years; however, the Mother Tree was estimated to have been more than 400 years old.



▲ The Mother Tree before it fell



Father Tree

Approx. 2–2.5 hours
from Tsugaru Pass



Encounter this symbolic, imposing giant beech tree on Takakuramori Nature Observation Path.

Japanese Oak Trees

Approx. 2.5–3 hours
from Tsugaru Pass



Beyond the Father Tree are two large Japanese oak trees.

Japanese oak trees can reach over 1,000 years of age, and they are commonly referred to as “goshinboku” (sacred trees).



Starry Night Sky in Shirakami

The Shirakami-Sanchi Area of Nishimeya is the perfect place for a carefree and relaxing time enjoying a delicious BBQ and camping while gazing at stars at night. The quiet, mystical beech forests and starry night sky take you away from the hustle and bustle of the workaday world.

MAP J - 2

Aqua Green Village ANMON Cottages

Aqua Green Village has different types of cottages. Bright, natural sunlight permeating the high-ceiling room and the scent of wood are very relaxing. There are also outdoor BBQ spaces.

Check-in: From 15:00 / Check-out: Until 10:00
<<Number of Cottages>> 9 cottages/ 3 types
(Cottage rates include accommodations only.)
<<Open>>Please check our website for details.

Enjoy time
away from the
hustle and bustle
of workaday life!

BBQ

BBQ food eaten in nature is especially delicious. You can buy camping equipment (firewood, etc.) needed for BBQ.



Have
a great time
in nature!



Interior of Cottages



Japanese Style

Recommended for guests
with small children



Loft Type

Recommended for guests
with children



Western Style

Different types available to
meet guest needs

Camp Site

There is an auto-camp site. The Satellite House (cooking area, stoves, restrooms) is located in the middle of the area. You can also swim in the river as well as BBQ at the camp sites.



Tsugaru Dam

(Lake Tsugaru-Shirakamiko)

SCAN ME



MAP J - 4

Tsugaru Dam is a concrete dam built approximately 60 meters downstream from Meya Dam. It operates to reduce flood damage, maintain the normal function of running water, supply water for irrigation (agriculture), supply drinking water, and supply water and generate electricity for industrial use.

Contact/ Iwakigawa Dam Integrated Management Office/
X @mlit_iwakito

Photos provided by Iwakigawa Dam Integrated Management Office, Tohoku Regional Bureau,
Ministry of Land, Infrastructure and Transport



Tsugaru Dam Park

Visitors are invited to visit the exhibition room (Management Office) and Samusawa observation deck.



Dam Card Photo Spot

Visitors can take photos of the dam from Tsugaru Dam Park and Shirakami Ga Furusato Bashi Park!



Tsugaru Dam Illumination

The dam is illuminated at night with colors that change regularly. (Seasonal)



Tsugaru Dam Embankment Tour

An employee can take you on a tour inside the dam body. *Visitors must apply in advance. Reservations can be made for one or more people. For more information, see the website of the Iwakigawa Dam Integrated Management Office.



Nishimeya Dam Lake Tour



Stand-Up Paddleboarding

Lake Tsugaru-Shirakamiko is an artificial lake created by Tsugaru Dam. The four parks around the dam feature various activities for visitors.





Iwaya Kanzeon

MAP I - 4

(Iwaya Buddhist Goddess of Mercy)

Iwaya Kanzeon is a very unique temple located in a cave along the Iwaki River. Passing along a narrow path that follows the river, you will be in the midst of a natural landscape that seems awash in mystical power. The sacred horse with two horns enshrined at the temple has its origin in feudal times in Japan (17th–19th century), and there is a stone horse statue next to the torii gates near the entrance.

MAP H - 4

Takanosu



A long time ago, one pair of falcons lived in the cave. Because they never bothered people, animals, or crops, the people of the village respected the pair of birds as gods.



It looks like a frog!



Frog Stone

MAP H - 4

This stone is located along the Iwaki River on the opposite side of Niogataki Fall. It is named because the rock looks like a frog crouching down at the riverside. It is also called the Bikki Stone. (Bikki also means frog.)



Mikaeri-zaka Slope

MAP I - 4

Looking back on the trail to Anmon along the river, a magnificent view around Mt. Iwaki spreads below our eyes. This is how the slope was named. Uniquely shaped rocks called Futami-iwa extend into the distance.

MAP H - 4

Niogataki Fall



The fall freeze in winter. From long ago, the size and shape have been used to predict whether the harvest will be rich or poor.

Contact: Meya Tourist Association Secretariat
(in Nishimeya Industrial Department)



Meiya Valley



Shirakami-Sanchi Yakushima

30 Years of History Since Registration

On June 30, 1992, Japan became the 125th party to the World Heritage Convention, an international convention that protects the Earth's irreplaceable cultural heritage and natural heritage from the threat of damage or destruction as assets for all humanity and stipulates the importance of passing on that heritage to future generations. Shirakami-Sanchi and Yakushima were registered as the first World Natural Heritage Sites in Japan in 1993, and December 2023 marked the 30th anniversary of that registration. We collected comments from people with ties to the sites to commemorate this 30th anniversary.

The History of Shirakami-Sanchi and Yakushima

Shirakami-Sanchi/Yakushima

Foundation of the World Natural Heritage Area Network Council (Secretariat: Yakushima Town)

2015.7

30th anniversary of registration as World Natural Heritage Sites

2023.12

Registration as World Natural Heritage Sites (the first in Japan)

1993.12

10th anniversary of registration as World Natural Heritage Sites

2003.12

1998.10
Shirakami Sanchi Visitor Center opened

20th anniversary of registration as World Natural Heritage Sites

2013.12

2015.3
Creation of Bunacky, the mascot of Shirakami-Sanchi

1996.4

Yakushima World Heritage Conservation Center opened

2005.7

(Registration of Shiretoko as a World Natural Heritage Site)

2011.6

(Registration of the Ogasawara Archipelago as a World Natural Heritage Site)

2021.7

(Amami Oshima Island, Tokunoshima Island, northern part of Okinawa Island, and Iriomote Island registered as World Natural Heritage Sites)

In addition to Shirakami-Sanchi and Yakushima, Japan boasts other World Natural Heritage Sites enveloped in abundant nature.



Diverse life forms, including precious endemic species, coexist on the group of islands that includes Amami Oshima Island. The subtropical forests and beautiful coral reefs are enchanting.

Amami Oshima Island, Tokunoshima Island, Northern Part of Okinawa Island, and Iriomote Island

Registered in 2021

Shirakami-Sanchi

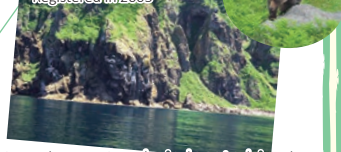
Registered in 1993

Yakushima

Registered in 1993

Shiretoko

Registered in 2005



The Shiretoko Peninsula is located in the northeastern part of Hokkaido and is composed of mountains, steep coastal cliffs, and marshy wetlands. It is home to a rich ecosystem including brown bears, Ezo red foxes, and pink salmon.

The Ogasawara Archipelago

Registered in 2011



The Ogasawara Archipelago is located about 1,000 kilometers north of Tokyo. It is a chain of islands enclosed by the beautiful ocean and steep cliffs. The creatures on the Ogasawara Archipelago have adapted to the islands' environment and continue to evolve even now.

as a World Natural Heritage Site

Shirakami-Sanchi became a World Natural Heritage Site thanks to its world's greatest distribution of natural, primeval beech forests, largely unimpacted by humans. Their universal value was recognized as a global treasure!

Bunacky and Bunami, Shirakami-Sanchi's mascots



I first visited Shirakami-Sanchi for work in 2020. Since then, the rich nature and mystical views have drawn me to visit Shirakami-Sanchi again in each season.

Shirakami-Sanchi has a variety of looks, and getting to know the people and animals of Shirakami only makes my love for them grow.

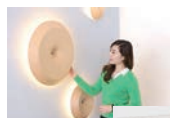
"Pay respect to nature, and give thanks to all the gods and goddesses. Make good use of the blessings of nature handed down from our ancestors; do not pollute or destroy them. Do not be greedy in anything, and take only what you need." Shirakami-Sanchi is an important place that taught me this vital essence as human beings.



Rina Kawase, culinary researcher

The world's largest primeval beech forest grows wild in the Shirakami-Sanchi World Heritage Site, and setting foot in that forest truly feels like entering a different world.

It's fun not only in summer but also winter, and you can experience making BUNACO wooden items from beechwood, so the place is enjoyable for people of all ages in any season.



Marin Minamiya, adventurer

It feels like the last 30 years went by quickly. Yakushima had all kinds of problems because of the increase in tourists, but it was a really good thing it was registered as a World Heritage Site, now that I think of it. Amid growing hopelessness due to the decline in forestry, it was a big accomplishment that Yakushima was recognized as a global gem, and the residents began to be proud of this place. I'd like to thank the people who poured their efforts into the World Heritage registration at the time and also

pass this nature on to future generations for many years to come.



Takeshi Matsumoto, Representative Director, YNAC

It has already been 30 years since Shirakami-Sanchi was registered as a World Natural Heritage Site. A lot has happened in these last 30 years. In particular, there was the establishment of the wildlife sanctuary, the relaxing of climbing restrictions, and the heavy blow to the economy and tourism due to the COVID-19 pandemic. It also seems like some changes have emerged in Shirakami-Sanchi's animals, plants, birds, and insects because of the unprecedented rise in temperatures in recent years. I hope to consider ways to combat these issues along with everyone in the future.

With the people of Yakushima, which was registered together with Shirakami-Sanchi, let's make use of our status as Natural Heritage Sites to continue protecting these areas.



Shigeki Kudo, Chairperson, the Nishimeya Village Tour Guides' Association



One reason Yakushima became a World Natural Heritage Site is its diverse natural vegetation that remains stretching from the coast to the mountain peaks—in other words, its vertical distribution of vegetation. Rich plant life unique to Yakushima can be found in the western area!

Marurin, the mascot of Yakushima Environmental and Cultural Village Center



(Hirosaki City) Iwaki Area

Iwaki Area is located in the former Iwaki Town at the foot of Mt. Iwaki in the northwestern part of Hirosaki City.

Mt. Iwaki

Mt. Iwaki is a volcano and the highest mountain in Iwate Prefecture. Included in the New Best 100 Mountains Quasi-National Park. The mountain is visible from the southern foot of Prefectural Natural Park. Similar to Mt. Fuji, it is also



Takateru-jinja Shrine

MAP D-2



Takateru-jinja Shrine was built with funds set aside in the will of Tsugaru Nobumasa, the 4th lord of the Hirosaki Domain, who was known as a wise ruler. Because Nobumasa had mastered the secrets of Yoshikawa Shinto and had received the Shinto name "Takateru Reisha," the shrine was named Takateru-jinja Shrine. It enshrines Tamenobu, the 1st lord, and the wise ruler Nobumasa, the 4th lord.
Contact/ Kuroishi Shrine

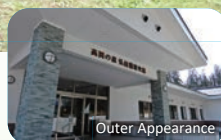


MAP D-2

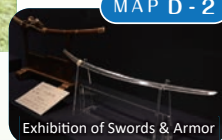
Takaoka no Mori – Hirosaki Domain Historical Museum



The museum exhibits treasures such as swords, armors, and large votive pictures that were dedicated to Takateru-jinja Shrine, where Tsugaru Nobumasa, 4th lord of the Hirosaki Domain, is enshrined. Visitors can learn about the history of Hirosaki Domain and Tsugaru Clan, and the culture in the region.
Operation Time/ 9:30 – 16:30/ Closed on the 3rd Monday of the month (If a national holiday, closed on the following day), Year-end and New Year's holidays (December 29 – January 3), and when changing exhibits/ Fees: General 300 yen, High School Students and College Students 150 yen. Elementary and Junior High School Students 100 yen



Outer Appearance



Exhibition of Swords & Armor



Introduction of Tsugaru Territory and Armor Worn by Tsugaru Nobumasa

Takaoka no Mori – Traditional Japanese House Café YAMANOKO

MAP D-2



Yamanoko is a café in a renovated traditional Japanese house located in front of the gate of Takateru-jinja Shrine. It has tables and a Japanese-style tatami area, which is perfect for guests with small children. Yamanoko offers delicious food cooked with healthy ingredients.
Operation Time/ 11:00 – 17:00 / Closed on Tuesdays and the 1st and 3rd Mondays of the month



waki 1,624m

Tsugaru-Iwaki Skyline

MAP C - 1

A view from the 8th station



A lift



Tsugaru-Iwaki Skyline is a toll road to the 8th station of Mt. Iwaki. There is a lift going from the parking lot at the 8th station up to the 9th station, "Torino-umi (Mt. Chokaisan)". From the 9th station, visitors can walk to the mountain top, which takes about 40 minutes.

Contact/Iwaki Skyline Co., Ltd.

highest mountain in Aomori Prefecture. Best 100 Mountains of Japan and of Japan, it is part of Tsugaru Plateau stretching Mt. Iwaki is named Iwaki Kogen. Because the shape of Mt. Iwaki is locally known as "Tsugaru Fuji".

Dakekimi

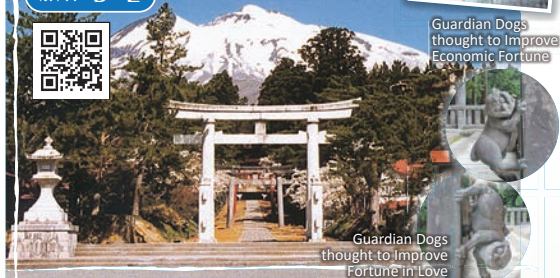


Dakekimi is a type of corn grown in Dake Plateau at the foot of Mt. Iwaki. Kimi means corn in Tsugaru dialect. The sweetness of Dakekimi increases with differences between day and night temperatures, and it is so sweet that it can be eaten uncooked. During Dakekimi season (middle of August – end of September), freshly harvested or boiled Dakekimi is sold at street stalls and farmers' markets.



Iwakiyama Shrine

MAP D - 2



Roumon Gate

Guardian Dogs thought to Improve Economic Fortune

Guardian Dogs thought to Improve Fortune in Love

With a history stretching back 1,200 years ago and broadly venerated throughout the country, Iwakiyama Shrine was built to enshrine Mt. Iwaki. People in the area see the shrine as their spiritual home, and Mt. Iwaki as the guardian of development in the Mutsu and Tsugaru Regions, the guardian of agricultural and marine products, and of fortune. It is also well-known as the protector of the demon's gate in the north.

Operation Time/ (April – October) 8:00 – 17:00, (November – March) 8:30 – 16:00

Tsugaru Fuji (Mt. Iwaki) looks different from different directions!?

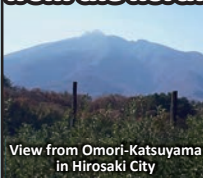
Mt. Iwaki, loved by many people, looks different depending on the direction you see it from. It might be fun to check Mt. Iwaki from different directions and find your favorite view!

Mt. Iwaki seen from the west



View from Ajigasawa Town

Mt. Iwaki seen from the north



View from Omori-Katsuyama in Hirosaki City

Mt. Iwaki seen from the south



View from Nishimeya Village

Mt. Iwaki seen from the east



View from Fujisaki Town



Traditional Japanese-style Buildings in Hirosaki

Hirosaki City once flourished as a castle town and many traditional and historical structures remain today, including Hirosaki Castle, with the only castle tower remaining in Tohoku, and samurai residences.

MAP L - 3

Hirosaki Park • Hirosaki Castle



Built in the Edo Period, Hirosaki Castle's tower and turrets are designated National Important Cultural Property. In addition to the castle's tower, which shows different aspects from different directions, the moat, stone walls, mounts, and much more remain as links to the past. With approx. 2,600 cherry trees, Hirosaki Park is quite popular. The park is included in the Best 100 Cherry Blossom Sites of Japan, and the Best 100 Natural and Manmade Landscapes of Japan. The Hirosaki Cherry Blossom Festival and many other events are held here each year.

Naka-cho Historical House Preservation Area

If you visit Hirosaki Castle, don't miss the castle town (Naka-cho Historical House Preservation Area).

MAP K - 4

Former Iwata Family House

Although most of the samurai residences have disappeared from the city, the former Iwata Family Residence remains as it was in feudal times. It is built on a long, narrow plot of land, the main house is built 9 m away from the street, and there is a decorative garden between the main house and the street. There is also a garden for vegetables and herbs behind the main house, and fruit trees are still growing there. This residence features both artistic and practical elements.



MAP K - 3

Former Sasamori Family House (Former Hirosaki Domain Samurai House)



This is a small residence; however, layout of major rooms, the simple floors, and the closed wall structures reveal traditional characteristics in the building structure. It is the oldest samurai residence in the Conservation District. Because of its compactness, it is designated an important cultural property representing architectural structures of mid- and low-level samurai in Hirosaki castle town.

MAP M - 2

Fujita Memorial Garden

Japanese House/Craft & Japanese-style Café TAKUMI-KAN

The garden features a lower section and higher section. In the higher section where the Japanese-style building is located, the garden effectively utilizes its surrounding natural scenery with a view of Mt. Iwaki.

The Craft & Japanese-style Café TAKUMI-KAN sells a wide variety of art crafts such as local specialty embroidery (Kogin Sashi) and Tsugaru lacquer products, and offers Japanese-style parfaits, and a lunch menu with Obanzai cooking (Kyoto-style) side dishes. Contact for the Japanese-style Building/Hirosaki City Green Association/9:00 - 17:00/Open all year round Contact for Craft & Japanese-style Café TAKUMI-KAN/9:30-16:30(16:00 last call)/Year-end and New Year holidays



Hirosaki City is a mystical area that was once a castle town, but still contains many retro western-style buildings. Historic buildings in the city are mixed like a mille-feuille that blends Japanese and Western styles. Visitors enjoy the attractiveness of Hirosaki, the nostalgic but new and stylish culture, the integration of Japanese carpenters' skill and the charm of Western style buildings.

Western-style Buildings in Hirosaki

Starbucks Coffee Hirosaki Koenmae Store



MAP M - 3

The Starbucks Coffee shop here is in an old wooden structure built in 1917 as an official residence for divisional commanders. A registered national tangible cultural property, it features a unique design which integrates Japanese and Western styles. The interior features beech (buna) wood craft BUNACO lights, and traditional Tsugaru embroidering (Tsugaru Kogin Sashi) on the benches highlight historic and cultural elements. Operation Time/7:00 – 21:00/No scheduled closed days



MAP M - 3

Former Hirosaki City Library

This building was used as the City Library until 1931. It is a three-story wooden mortar building with twin octagonal towers constructed in Renaissance style. The frontal dormer window and other elements represent Western-style buildings in Hirosaki City built in the Meiji Period.

Contact: Hirosaki City Office Cultural Property Department/
9:00 – 17:00/Free admission

Aomori Bank Memorial Hall

MAP M - 4

The Former Main Building of the 59th National Bank Head Office was built in 1879. As the first building constructed in Meiji Period (1868-1912), it is designated an important cultural property. Tours give visitors a chance to see its magnificent classical interior, including beautiful Japanese leather paper used for the ceiling. The roof is designed to prevent snow slides, which reminds us of Hirosaki City as a deep-snow region. The building is also impressive in winter covered with snow.

Operation Time/9:30 – 16:30/Closed on Tuesdays
(Days closed may change during the festival period.)



Beautifully illuminated at night!

It offers different types of apple pies.

Located adjacent to Hirosaki Park, the Fujita Memorial Garden was built in 1921 by a gardener invited from Tokyo by Kenichi Fujita who was from Hirosaki City and became the first president of the Japan Chamber of Commerce and Industry.

Western House/ Taisho Roman Tea Room

Many items from the Taisho Period (1912-1926) can be seen here, including stained glass and windows. The octagonal towers are an impressive sight. Visitors can enjoy apple pie and meals at the Taisho Roman Tea Room while taking in the beautiful landscape of each season. The apple pie and beverage set, and galette cooked with buckwheat flour produced in Nishimeya are very popular.

Operation Time/9:30–16:30(16:00 last call)/No scheduled closed days



History and Culture in Hirosaki & Nishimeya

MAP N - 2 Zen Temple Area

Tsugaru Nobuhira, the 2nd lord of the Tsugaru Domain, relocated 33 temples of the Soto school of Zen here from their original locations in the Tsugaru Region in 1610 aiming to integrate religious culture and develop a fortress southwest of Hirosaki Castle (an unlucky quarter in feng shui). The atmosphere of the past remains here and there and reminds us of its long history as a castle town. It is a rare sight in Japan with temples of the same Zen Buddhist school gathered together. The view when passing through the entrance is breathtaking.

MAP O - 4

Saisho-in Temple Five-storied Pagoda

The Saisho-in Temple Five-storied Pagoda was built by Tsugaru Nobumasa, the 4th lord of the Tsugaru Domain, to commemorate those who perished in battle during the reunification of the Tsugaru district led by Tsugaru Tamenobu, the 1st lord of the Tsugaru Domain. The five-storied pagoda was built during the Edo Period (1602-1868) with a relatively long metal pinnacle and is considered the most beautiful of its kind in the Tohoku Region. This is an important cultural property located in northernmost Japan.

MAP N - 3

Koka Ninja House (Former Soma Family House)

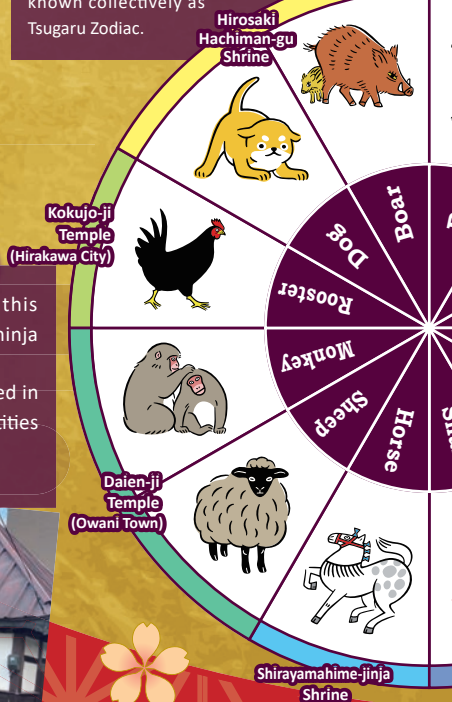
Built in the late Edo period (late 18th to early 19th century), this Koka-school ninja house is the only one among Japan's remaining ninja houses said to have actually been used by ninjas.

It is believed that the Hayamichi-no-Mono ninja troop, who operated in secret in the Hirosaki Domain for around 200 years and whose identities were protected, used this house mainly as a gathering place.

Operation Time/9:00 - 17:00

Tsugaru Zodiac

The residents of Hirosaki City, Hirakawa City, Owani Town, and other areas of Central and Southern Tsugaru often visit temples and shrines to pray to their guardian deities. These are known collectively as Tsugaru Zodiac.





MAP N - 3

Hirosaki Kogin Institute

Kimura Industrial Research Institute was well-known architect Kunio Maekawa's first project. Currently known as the Hirosaki Kogin Institute, traditional Tsugaru Kogin-Sashi art craft is produced here.

Visitors can actually see Kogin-Sashi products being made, and many of the products are available for purchase at the shop.

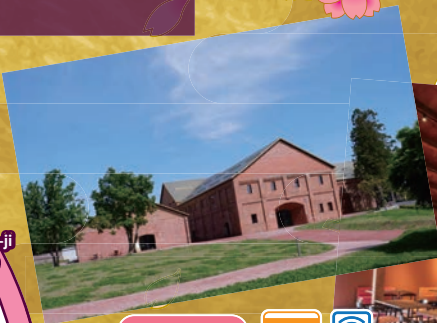
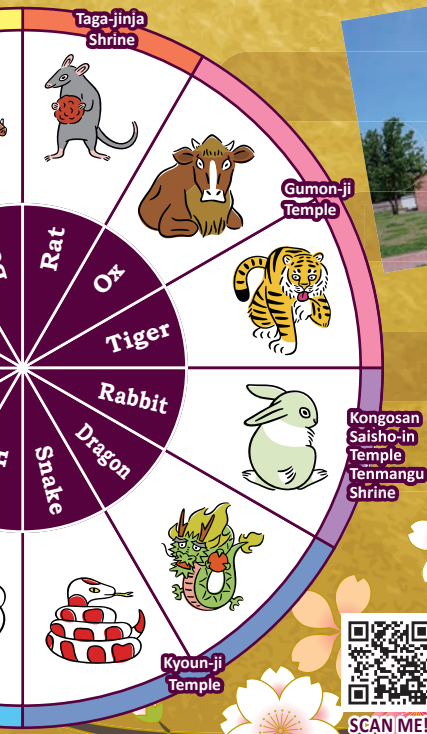
Operation Time/ 9:00 - 16:30/ Closed on Saturdays, Sundays, and national holidays



SCAN ME!

Nishi (West) Kogin

Nishi Kogin is traditional embroidery practiced in the farming area of Naka-Tsugaru, such as Nishimeya Village, located to the west of Hirosaki Castle. Nishi Kogin is fine hemp cloth mesh featuring intricate patterns and reinforced shoulders to increase durability. The pattern on the upper part is called Kutsuwa Tsunagi, which was believed to protect the wearer while passing through the mountains. In addition to Nishi (West) Kogin, there are Higashi (East) Kogin and Mishima (Three Stripes) Kogin.



MAP N - 4



Hirosaki Museum of Contemporary Art (Hirosaki MOCA)

A brick building located in Tsuchibuchigawa Yoshino-cho Park next to Konan Railway Chuo-Hirosaki Station is home to the Hirosaki MOCA. Works of modern art are exhibited in the building, built as a brewery across the eras of Meiji (1868-1912) and Taisho (1912-1926), used as a cider factory after World War II, then refurbished into a museum.

Adjacent to the museum is cafe & shop BRICK, which uses the brick walls of the former brewery to a lovely advantage, and where visitors can overlook the tanks of a cider workshop while enjoying dining and shopping.

Operation Time/Hirosaki Museum of Contemporary Art (Hirosaki MOCA)/9:00-17:00/Closed on Tuesdays

cafe & shop BRICK/9:30-17:30/Closed on Tuesdays



SCAN ME!



View from the summit of Mt. Iwaki

To Ajigasawa Town

Shirasawa Skyline

Mt. Sasamoriyama 673m▲

It's an easy path to walk thanks to the locals who maintain it. Michinokukozakura (*Primula cuneifolia* var. *heterodonta*) blooms in July near the path, and you can enjoy tunnels of Chishimazasa (*Sasa kurilensis*).

Chishimazasa (*Sasa kurilensis*)

Go straight even though you see a forest road over the sign of the Yunosawa Crossroad.

Tsugaru-Iwaki Skyline

Tollgate

Tsugaru-Iwaki Skyline

Mountain Road

Ishigami Shrine

Homei Point

Nagadai Trail 8km

Mt. Saihoji-mori 1,288m

Special protection area

Futago Rock

The Homei Mountain Hut

Bus Terminal at the 8th Station

Dake Trail 5.4km

Post to Submit Hiking Registration Form

Dake Hot Springs Area
● Iwaki Sanpo Kan Iwaki Trail Center

Watch your step. The area above Oni-no-dohyo makes you hardly see your feet.

Take a detour around the stature of the 26th Kannon.

Akakra Shrine

Oishi Shrine

Oishi Akakra Trail 8km

Watch your step especially when you go down a hill. The soil makes the path slippery.

Yayoi Trail 6.5km

Shin Yayoi Trail (including a new path) 5.2km

Be careful of collapses when you walk under the rock, Miminari Rock, on the trail between the 8th station and the 9th station.

You can enjoy seeing a cluster of michinokukozakura (*Primula cuneifolia* var. *heterodonta*) which is an endemic specie of Mt. Iwaki from the end of June to July. Although taking the flower is strictly prohibited, you can enjoy taking pictures of the flower.

Hyakuzawa Trail 5.5km

Hyakuzawa Ski Resort

Post to Submit Hiking Registration Form

Iwaki Tourist Info Office

Iwakiyama Shrine

Hyakuzawa Hot Springs Area



The Trails to the Summit of Mt. Iwaki



The Endemic Species
of Mt. Iwaki
Michinokukozakura
(*Primula cuneifolia* var. *heterodonta*)



Dake Trail

<4-hour hike>

Dake Trail is an easy hiking trail that is suitable for children and beginner mountaineers. The red torii near the Dake Hot Spring Village is the trail entrance. Submit the hiking registration form to the post before you start to hike.

Nagadai Trail

<4-hour hike>

Nagadai Trail was a significant road that the locals used to worship at the top of the mountain and to carry firewood and charcoal. The trail is relatively a gentle slope, and you can see the field of Michinokukozakura in summer.

Oishi Akakura Trail

<4 hour and a 30-minute hike>

Oishi Akakura Trail is a religious trail where you see some stone Buddhist images. This trail is suitable for mountaineers who are interested in mysterious places, stone Buddhist images, history, and shrines.



Yayoi Trail

<5-hour hike>

You can see Mongolian oak trees, beech trees, and Japanese larch trees. Feel the nature to get refreshed.



Hyakuzawa Trail

<5-hour hike>

Hyakuzawa Trail is a trail for intermediate and advanced mountaineers, and it has many attractions. It's also the most popular trail in winter. Some kinds of Alpine plants are seen on the trail.



Post to Submit Hiking
Registration Form

Yayoi Ikoi
no Hiroba

Hyakuzawa
Ski Resort

You can see
beautiful alpine
plants.

Takateru
Shrine

Takaoka no Mori-
Hirosaki Domain
Historical Museum

Miyamakinbai
(*Potentilla matsumurae*)



MAP H - 4

Nishimeya Dam Lake Tour

An amphibian sightseeing bus runs on Lake Tsugaru-Shirakamiko. Have fun being splashed with water on a sunny day filled with a cooling breeze! Enjoy the view of Shirakami-Sanchi from the lake.

Period: Late April – Late October
Closed on Wednesdays

SCAN ME!



Shirakami-Sanchi
& Nishimeya Village

Programs & Tours

MAP H - 4

Stand-up Paddleboarding

Paddle along and become one with the nature of Shirakami-Sanchi on a stand-up paddleboard. Experience nature firsthand, with vast views you can only see from the water.

Period: Late April – early November

Time: Approx. 3 hrs. (including explanation and preparation)

Contact: Canoe & Rafting A'GROVE

SCAN ME!



First-timers
welcome!



Photos taken by staff during the tour
will be given to visitors as souvenirs.

Rafting

MAP H - 4

Visitors float slowly down Iwaki River from Shirakami-Sanchi while enjoying the beautiful landscape. It's also nice to swim and dive into the river surrounded by the nature of Nishimeya, the fresh breeze, sparkling water, and the chirping birds.

Open: Late April – Early November

Time: 3 hrs. (Including reception)

Contact: Canoe & Rafting A'GROVE

SCAN ME!



Making BUNACO

Make a bowl or accessory case from beech-wood. Try making your own, original BUNACO wooden item.

Gentle touch
of wood

SCAN ME!



MAP H - 4



MAP H - 4

Experience of Making Traditional Meya Dofu

You can take soy pulp home.

Meya Dofu is made from organic soybeans with a traditional technique. You can try soy milk and unpressed tofu that are in the process of making Meya Dofu. This workshop takes about 3 hours. You can take your handmade Meya Dofu home.

Period: January 10th - April 15th

Contact: Shirakami Matagi Sha

MAP H - 4

Trekking Tour in Snowy Forest with Wisdom of Matagi

Experience walking in the snowy forest with Japanese old-styled snowshoes called kanjiki that matagi made of woods. Winter is the best season to feel the signs of animals that live in the Shirakami-Sanchi. Let's find animal tracks to imagine how they live in the forest!

Period: Middle of January - Early April

Contact: Shirakami Matagi Sha

Your guide will carefully and clearly explain about animals and nature!

The language used is Japanese only.

Matagi from the Perspective of SDGs

Matagi is a group of people who live with the blessings of mountains. Matagi has lived at the foot of the Shirakami-Sanchi in Nishimeya Village, Aomori Prefecture, over 1,000 years before. They know the nature of the Shirakami-Sanchi well, keep their own rules, conserve natural resources, and live a quiet life.

The basic rule of matagi is that they do not take too many lives of animals and plants or other natural resources and consume them only in the needed amount. That is a promise among those people who live in nature. They consider that the ecosystem in the mountain should be balanced to be coexistent with nature.

The primeval beech forest in the Shirakami-Sanchi has been conserved while matagi has lived with the mountains for over 1,000 years. Wild vegetables and mushrooms grow every year, and wildlife such as Asiatic black bears and hares live in the mountain. Not only matagi but also other local people who live at the foot of the Shirakami-Sanchi wisely utilize the blessings of mountains. Only one thing about matagi's life has changed after the Shirakami-Sanchi was named a UNESCO World Natural Heritage Site. Now, they are prohibited to go to the center of the Shirakami-Sanchi even though they used to go hunting everywhere in the mountains.

In the Shirakami-Sanchi, the forest of the primitive beech indigenous to Japan has not been damaged by humans, and the beech forest is on the biggest scale in East Asia. These values were appreciated, and it became a UNESCO World Natural Heritage Site. As a result, none of the people are allowed to go to the center of the Shirakami-Sanchi after it became the World Heritage Site. In addition, the Shirakami-Sanchi and other surrounding mountains were designated as a national wildlife protection area in 2004, which made matagi hard to hunt in the mountains.

Matagi is a group of guardians of the mountains, a group of the original inhabitants, or a traditional culture itself. The rules or laws of forest management the government sets aim to prevent nature from excess hunting. However, that also threatens the disappearance of the traditional culture that includes the wisdom and the technique to be coexistence with nature. Now, all people around the world must carefully use the limited natural resources and deeply consider to be coexistence with nature and to develop a sustainable society to pass nature to our next generations.

For more details about the tours and matagi



MAP Kozawa Area

Tsugaru Yumeringo Farm Seasonal Fruit Picking

Visitors enjoy harvesting a wide variety of fruits in different seasons. It offers cherry harvesting from late June, blueberry harvesting from the middle of July, peach harvesting from the middle of August, and apple harvesting from early September. *Because the fruits except cherry are all grown outdoors, no harvesting takes place on rainy days.

Operation Time/Reservation required 2 days prior/
10:00 – 16:00/Closed on Wednesdays

SCAN
ME!



A reservation-
only
program



MAP Shimizu-Tomita Area

Hirosaki City Apple Park Apple Harvesting

While park staff shows how to identify good apples, visitors harvest seasonal fresh apples. Everyone enjoys the unique fun offered by Hirosaki, the apple town. Visitors purchase the apples they harvest at the farm. *Visitors enjoy harvesting for 30 minutes.

Period: Early August – Middle of
November
9:00-17:00/Open all year round



SCAN
ME!

Types of apples
harvested differ
by season.



Orchard in the Forest Picking Fruit

MAP B - 1

This is a tourist farm offering experience programs at the foot of Mt. Iwaki surrounded by forests and apple farms. During operating hours, enjoy the all-you-can-eat option with no time limit for all the fruits you can harvest on the day! It's great fun to harvest fruits at a large farm. Operation Time/Entry 8:30 – 17:00/Middle of June – End of October (Closed in winter from November)

SCAN
ME!



Mt. Iwaki Tourist Apple Farm

MAP D - 2

Fruit Harvesting Program



It's a large fruit garden where you can enjoy picking fruits. You can pick fruits like peaches, Japanese plums, and apples, and you can purchase corns as well.

Operation Time/Open from late July to the middle of November/
9:30-17:00(Summer), 9:30-16:00(Autumn)/No scheduled
closed days



MAP M - 3

Explore the Botanical Garden to Your Heart's Content! (Herbarium Workshops and More)

Hirosaki Castle Botanical Garden in Hirosaki Park has around 124,000 trees and plants of 1,500 species, and visitors can see different flowers and wild grasses depending on the season.

Workshops are available for making decorative herbariums and wooden crafts using flowers and tree branches from the botanical garden.

Period: May–October (every 2nd and 4th Sunday)

Contact: Fujita Memorial Garden

0172-37-5525 (8:30 a.m. –5:15 p.m.)/Starts at 500 yen

Mail: fteien@hirosakipark.or.jp

SCAN
ME!



The twelve signs
of the Chinese zodiac
be made into
Shitakawara Pottery.

MAP K - 4

Painting Traditional Art Craft

Visitors can paint a wide variety of traditional art craft popular in Tsugaru Region such as a goldfish lantern. It's fun to make a one-of-a-kind item.

Operation Time/Tsugaru-han Neputa Village/
9:00 – 17:30/Open all year round

SCAN
ME!



Indigo Dyeing Program

MAP K -I4

We welcome visitors to experience about indigo dyeing through the facility tour and this program. Reservation required.

Time:Approx. 30 – 40 min. for 1-2 persons/
Approx. 60 min. for 10 persons

Operation Time/Kawasaki Dye Works/Reservation
required/Closed on Thursdays/9:00 – 17:00
(9:00 – 16:00 in winter)

SCAN
ME!



You can make
a handkerchief, a scarf
and a bandanna.



Plenty of delicious meals, including sweets and beverages!

Let's enjoy the delicious food in Shirakami & Tsugaru!



Meya Miso Ramen

900 yen

One of the most popular foods, it has a delicious thick miso-base soup filled with sliced green onions!

Shirakami Buckwheat Noodles

These buckwheat noodles are made with ingredients grown in Shirakami-Sanchi, which is blessed with abundant water.



Maitake Ten Soba Noodles

950 yen

This popular hot soba is topped with plenty of maitake mushroom tempura.



Shirakami Honey Pizza 1,000 yen

A fluffy, sticky dough is topped with tomato sauce, cheese, and honey harvested in Nishimeya Village. It's the perfect blend of delicious salty-sweet honey flavor.

BUNACO CAFÉ/ BUNACO Factory 1F, 196 Inamoto,
Tashiro, Nishimeya Village/ 11:00~15:30
(L.O.15:00) / No scheduled closing days



MAP H-4





Tsugaru Dam Curry 1,200 yen

Curry dish inspired by Lake Tsugaru-Shirakamiko. The presentation evokes Tsugaru dam. Topped with a large pork cutlet, it looks and tastes delicious. The scoop shaped spoon is also fun.



Cold-brew Coffee - Yukidoke 650 yen

Coffee brewed using a special technique and mild natural water from Shirakami-Sanchi has a first-class aroma and taste. (Served in a paper cup)



Soft Served Ice Cream Topped with Honey 400 yen

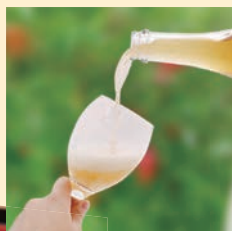
Lightly sweetened soft served ice cream can be topped with fresh Shirakami honey made at the Road Station rooftop.

RINGO

This new style of cider is made by brewing natural yeast collected in Shirakami-Sanchi to bring out a body and depth not possible with apples alone, then adding grapes.

375ml 990 yen

750ml 1,890 yen



Shirakami soba zaru soba 750 yen

The buckwheat in these noodles was nurtured by the nature of Shirakami-Sanchi, which is blessed with abundant water. Enjoy this soba made only with buckwheat flour, ground in a stone mortar in-house.



Road Station Tsugaru-Shirakami - Beech Nishimeya/219-1 Kanda, Tashiro, Nishimeya Village/
Restaurant Mori-no-Door/ 11:00 - 14:00 (Changed for Golden Week)/ Closed on Year-end and
New Year's holidays

Shirakami Roasting House/ Shirakami winery & Fresh honeyBeFava/

*Business days are different for each shop or restaurant in the road station.

Please visit the websites for more details.



MAP H-5





MAP Ishikawa Area



Tsugaru Akatsuki Association

44-13 Ishikawa-Yagishi, Hirosaki City / 12:00 - 14:00 on Thursdays, Fridays, Saturdays, and Sundays / Minimum of 4 persons / Reservations required 4 days prior.



From the of Viewpoint of SDGs

Tsugaru Akatsuki Association promotes the passing down of traditional Tsugaru food in the Ishikawa Area, Hirosaki City. It offers an assortment of Japanese cuisine featuring fresh seasonal vegetables that are dried or pickled with salt.



Traditional Tsugaru Dishes

1,500 yen

French Cuisine

Hirosaki has actively adopted a Western cultural influence since the Meiji period (1868-1912) and is said to have the most French restaurants per capita in all Japan.

Lunch Course A 2,420 yen

One hors d'oeuvre and one fish or meat dish

Bread, dessert, coffee

Chez Ange/2-7-1 Tonosaki, Hirosaki City/0172-28-1307/11:30 a.m.-2:30 p.m. (last order 2:00 p.m.) 5:00 p.m.-10:00 p.m. (last order 9:00 p.m.) / Closed Sundays



MAP Tonosaki Area

Shirakami no Sakana

"Shirakami no Sakana" refers to seafood and seaweed cultivated in the waters originating in Shirakami-Sanchi. These seafood and seaweed from the west coast are available in a variety of dishes offered at restaurants in Hirosaki, and the Shirakami no Sakana Project is an effort to encourage their consumption. Deliveries arrive only on Mondays and Fridays, so advance reservations are required at restaurants offering these seafood dishes. Availability may also be affected by a poor catch. Please check with the restaurant beforehand.



▼ Restaurants offering these items display the logo below.



白神の魚

▲ List of Restaurants offering Shirakami no Sakana



Apple Pie

With the top apple production in Japan, Hirosaki City has many restaurants and cafés that offers apple pies. Enjoy the great taste!



Balsamy Apple and Vanilla Ice Cream Galette

This galette is made from fragrant buckwheat flour produced in Shirakami and apples from Hirosaki.

990 yen



Taisho Roman Tea Room
(Fujita Memorial Japanese Garden)/
8-1 Kami-Shirogane-cho, Hirosaki City/
9:30 - 16:30 (Last Order 16:00)/
Open all year round

MAP M - 2



Tasuki-no-Oyaki

MAP G - 6

280 yen

These fried flour cakes are filled with lots of seasonal vegetables or fruit. The Tasuki-no-Oyaki Gift Box for sampling several types comes highly recommended.

Tasuki/
61-9 Shimizunagare, Sakuraba,
Hirosaki City/
0172-40-2824/
10:00 a.m.-4:00 p.m./
No scheduled closing days



Yamanoko Keno-shiru Gozen

1,500 yen MAP D - 2

The YAMANOKO special lunch includes a soup with minced root vegetables that is a local specialty of Tsugaru and fermented foods, with special attention to using ingredients from the area and avoiding additives.

Takaaka no Mori - Traditional Japanese House Café YAMANOKO/ 202 Shishizawa,
Takaaka, Hirosaki City/11:00 - 17:00/ Closed on Tuesdays, 1st and 3rd Mondays



Igamenchi

1 piece 500 yen

MAP N - 6



Niji-no-Mart has been offering a wide variety of seafood and daily dishes in Hirosaki since 1956.

A popular local dish known as Igamenchi is like a taste of mother's home cooking!

Niji-no-Mart/ 12-1 Ekimae-cho, Hirosaki City/ 8:00 - 18:00/ Closed on Sundays



Kogane-Yaki

70 yen

This is Hirosaki soul food. It features a white bean jam filling. The dough of the soft, sticky surface is made without milk or eggs.

Kawagoe Kogane-yaki Store/
21-3 Dote-machi, Hirosaki City/ 9:00 - /
No scheduled closed days

MAP M - 4



*Prices shown here include tax. *Content posted here may change.



Accommodations & Onsen (Hot Spring) Inns

Have a relaxing time while enjoying the delicious local food and warm culture of Tsugaru at a comfortable inn surrounded by nature!

Bathe in Comfort at a Hot Spring Inn



SCAN ME!



Hot Spring
SHIRAKAMI

The hot spring water here contains alkali (pH8.5) and hydrogen carbonate, making it great for fatigue, neuralgia, muscular pain, and poor circulation. Also known as the "hot spring for beauty," it will make your skin smooth and shiny.

MAP H - 4



Buna no Sato Shirakami-Kan

This is the best location for sightseeing in Shirakami-Sanchi and Hirosaki City. It's just 25 minutes by car to Aqua Green Village ANMON, the entrance to Shirakami-Sanchi. It's also only 30 minutes by car to Hirosaki Station. Enjoy the seasonal nature in Shirakami and downtown Hirosaki.
Address/60-1 Kanda, Tashiro, Nishimeya Village.



MAP I - 4



SCAN ME!



Green Park Mori-no-Izumi (Spring Forest)

This is a condominium-type accommodation that's great as a base for sightseeing in Shirakami-Sanchi. Each room has a kitchen with a refrigerator, which makes it easy for guests to cook by themselves and perfect for long stays.
Address/213-1 Inaba, Muraichi, Nishimeya,



Hot Spring
Muraichi

The hot spring here contains sodium and calcium (expansive high-temperature alkaline hot spring), which is great for neuralgia, muscular pain, arthralgia, frozen shoulders, cuts, burns, chronic dermatitis, physically weak children, and chronic women's diseases.

Welcoming guests with a wonderful hot spring and warm hospitality!

Guest rooms featuring three Kogin patterns on one wall are available now!



A Resort with Starry Sky that Bathes Your Senses



SCAN ME!

Romantopia

- A Romantic Utopia in a Forest and under a Starry Sky

MAP Soma Area



Nestled in a beautiful forest with fresh air that makes you want to fill your lungs with every breath. You'll enjoy the sight of Mt. Iwaki standing in front of you and the apple farms at its foot. You'll be entranced at night by the stars shining from tens of thousands of light years away. This resort hotel in Tsugaru offers an escape from the hustle and bustle of workaday life throughout the year.

Address/113-2 Sakurai, Mizuki-Zaike, Hirosaki City,



SCAN ME!



MAP N - 4

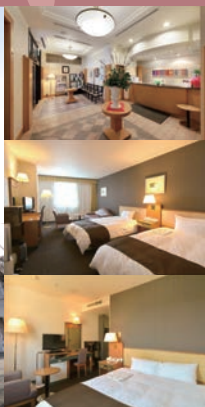


GOOD OLD HOTEL

- Street of Bars Offering Accommodations

This building was created in the 1960s and was a place where young people gathered and danced.

Those times have passed now, but the atmosphere and culture from when the bar area in Kaji-machi Street was the popular spot for young people to meet and have a good time remains in this building that was refurbished and opened as a hotel. The hotel offers a nostalgic time surrounded by fond memories from the past.



MAP D - 1



Asobe-no-Mori Iwaki-So



SCAN ME!

Relax in your guest room as you enjoy the view of Mt. Iwaki, which has nurtured Tsugaru culture from ancient times. After a refreshing stay here at Iwaki-So, you'll return home with good memories. (See page 31 for more details about the inn.)



MAP N - 6

Available in English



Blossom Hotel Hirosaki

Our wide range of guest rooms include our standard double, deluxe twin, and suite. Our standard double is part of the hospitality we offer for single or double occupancy.

Address/7-3 Ekimae-cho, Hirosaki City, /+81-172-32-4151



Enjoy relaxing for a moment
in a hot spring



MAP H - 4

Taihaku Onsen (Hot Spring)

*The pass for hot spring sites cannot be used at Taihaku Onsen.

A hot spring near an apple farm with pure hot spring water flowing directly from its source spring.

Taihaku Onsen is located near an apple farm, and its pure hot spring water with its smooth texture flows directly from the source spring. The outdoor bath is open from May to October.

*No accommodations available.

Address/1-1 Shirasawaguchi,
Shirasawa, Nishimeya Village./
10:00 - 21:00/General 450 yen,
Elementary School Students 200 yen



SCAN ME!

Before
enjoying your
hot spring bath

The Pass for Hot Spring Sites (Yumeguri Tegata) is valid here.



The Pass for Hot Spring Sites (Yumeguri Tegata) is for hot spring lovers who enjoy visiting different hot springs around Mt. Iwaki. The Pass is 1,000 yen and valid in three partner hot spring areas around Mt. Iwaki.

*The Pass for Hot Springs is available at Iwakisan Tourism Association, and Pass partner facilities.

*Please refrain from visiting the same hot spring facility twice. One pass is only good for one person.

*Bath time for non-stay visitors may differ between hot spring facilities.



SCAN ME!



MAP D - 1

Asobe-no-Mori Iwaki-So

Hot springs to warm your
body after bathing

Asobe-no-Mori Iwaki-So Netsu-no-Yu
This hot spring is in the Hyakuzawa Hot Spring area, and is a favorite among local people. The comfort of the hot spring is very appealing. It's good for neuralgia, muscular pain, arthralgia, and frozen shoulders.

Address/28-29 Terasawa, Hyakuzawa,
Hirosaki City./7:00~14:00, 18:00~21:00
(Last reception is one hour before
closing)/Adults 700 yen, Children 400 yen,
Children under elementary school age free



SCAN ME!



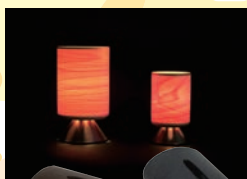
Bring memory of your trip home with you!

Souvenirs from Shirakami & Tsugaru

BUNACO

(A)

BUNACO wood crafts are made from beech wood processed with a uniquely-developed technique. They are all designed stylishly and are highly regarded globally.



Baumkuchen made with honey harvested 100% in Nishimeya Village, the smallest village in Aomori Prefecture

This Baumkuchen is made with honey harvested 100% in Nishimeya Village. Its great flavor and gentle sweetness make it a special treat.



(A)



Bunacky Goods

(B)

A wide variety of products featuring Bunacky, the Shirakami-Sanchi mascot.



SPRING

SUMMER

AUTUMN

Shirakami Honey

(B)

Shirakami Honey is harvested at the rooftop of the road station. Its color and taste will change depending on the harvest seasons (spring, summer, and autumn). Feel the seasons of the Shirakami-Sanchi through this honey!



(B)

Product tie up with Mont-bell

Nishimeya Village partners with Mont-bell, a manufacturer of outdoor products, to make goods uniquely designed with Nishi-Kogin patterns.

Shirakami Roasted Coffee Beans

Shirakami brand coffee is roasted with pruned apple tree branches and locally produced charcoal. The roasted beans are fluffy and have a mild taste that produce an aromatic experience that's very delicious.



(B)





Kogin Embroidering (Kogin Sashi)

Kogin is traditional embroidering passed down from generation to generation in Tsugaru Region. Currently, many accessories and small items in the styles are very popular.

C



Apple Stick made by a Pastry Chef

G

Apples from Aomori Prefecture are preserved in syrup, cut into pieces, wrapped with sponge cake dough and pie pastry, and baked into a delicious treat.



Tsugaru Lacquerware

D

Lacquerware made in Hirosaki City is called Tsugaru Lacquerware. The already impressive range of products has been expanded to include smartphone cases and other small items.



Hirosaki Souvenir T-shirt

I

There are unique designed t-shirts that represent Hirosaki City such as a t-shirt the mascot character of Hirosaki City, Takamaru-kun, printed and a t-shirt printed with a traditional pattern, Kogin-Sashi.



E

Zodiac Neputa Dolls

Inspired by the goldfish neputa, twelve zodiac animals are made into dolls as lucky charms. Available in small, medium, and large sizes, they also make great accents for room decoration.

Takamaru-kun Items

Takamaru-kun is Hirosaki City's mascot. We have a wide range of Takamaru-kun items, including stuffed dolls.

F



Soup with Dakekimi Wrapped with Wafers

F

Dakekimi is grown on the Dake Plateau, located at the south foot of Mt. Iwaki in Hirosaki City. Its sweetness and flavor, and the pleasant aroma of the wafers blend to make a delicious soup.



Nawa Karinto I

These popular cookies are a Hirosaki specialty.

Slightly sweet and crunchy, they will keep you going back for another bite.



Apple Juice

Hirosaki City boasts the largest harvest of apples in Japan. The wide variety of apples produces a lovely range of juice, and it's great fun to compare the different tastes.

B H



TEKIKAKA Apple Soda H

Apple soda made with 100% Aomori apples tastes great. The gentle sweetness makes it a great match with anything.



Tsugaru Vidro J

Tsugaru vidro is handmade by craftsmen inspired by cherry blossoms in spring, festivals in summer, the colorful foliage in autumn, and snowy landscapes in winter. They are beautiful and relaxing.



SHOP LIST

Souvenir shops only

☐ CREDIT CARD

A BUNACO Nishimeya Factory

196 Inamoto, Tashiro, Nishimeya Village/ 11:00 ~ 15:30
(Last Order: 15:00)/ Open only on Saturdays, Sundays and holidays when the factory is open.

☐ CREDIT CARD ☐ Wi-Fi



BUNACO CAFÉ

196 Inamoto, Tashiro, Nishimeya Village/ 11:00 ~ 15:30
(Last Order: 15:00)/ Open only on Saturdays, Sundays and holidays when the factory is open.

MAP H-4 ☐ CREDIT CARD



B Road Station Tsugaru-Shirakami - Beech Nishimeya

219-1 Kanda, Tashiro, Nishimeya Village/ 9:00 ~ 17:00 (Changed for season)/ Closed on Year-end and New Year's holidays

MAP H-5 ☐ CREDIT CARD



C Tsugaru Kobo-Sha

52 Mototera-machi, Hirosaki City/ 10:00 ~ 17:30/
No scheduled closed days

MAP M-4 ☐ CREDIT CARD



D Tsugaru Lacquer Tanaka

24-10 Dote-machi, Hirosaki City/ 10:00 ~ 18:00/ Closed on Wednesdays (some exceptions), and during the Year-end and New Year's holidays

MAP M-4 ☐ CREDIT CARD



E Tsugaruhan Neputa Village

61 Kamenoko-machi, Hirosaki City/
9:00 ~ 18:30/
Open all year round

MAP K-4 ☐ CREDIT CARD



F Souvenir Shop SAKURA HOUSE

2-1 Shirogane-cho, Hirosaki City (Hirosaki Municipal Tourist Center)/
9:00 ~ 18:00/
Open all year round

MAP M-3 ☐ CREDIT CARD



G RAGUENEAU Main Store

9 Hyakkoku-machi, Hirosaki City/ 8:00 ~ 19:00/
Closed on Tuesdays

MAP M-4 ☐ CREDIT CARD



H Hirosaki City Apple Park

125 Terasawa, Shimizu-Tomita, Hirosaki City/
9:00 ~ 17:00/ Open all year round

MAP Shimizu-Tomita Area ☐ CREDIT CARD



I Hirosaki City Machinaka Information Center

94-1 Dote-machi, Hirosaki City/ 11:00 ~ 19:00/ Open all year round (It may be closed temporarily on different days.)

MAP N-5 ☐ CREDIT CARD



J HIROSAKI ORANDO

47-2 Hyakkoku-machi, Hirosaki City/ 12:00 ~ 21:00
(Subject to change depending on the day of the week)/
Closed Wednesdays and Thursdays

MAP M-4 ☐ CREDIT CARD



Four Seasons HIROSAKI CALENDAR in Shirakami NISHIMEYA

Shirakami Area surrounded by abundant nature has beautiful scenery of each season.



● Lighted up Niogataki Fall

Frozen Niogataki Fall is mystically decorated with illumination.
Period: February*The period of illumination may change depending on the state of the fall.



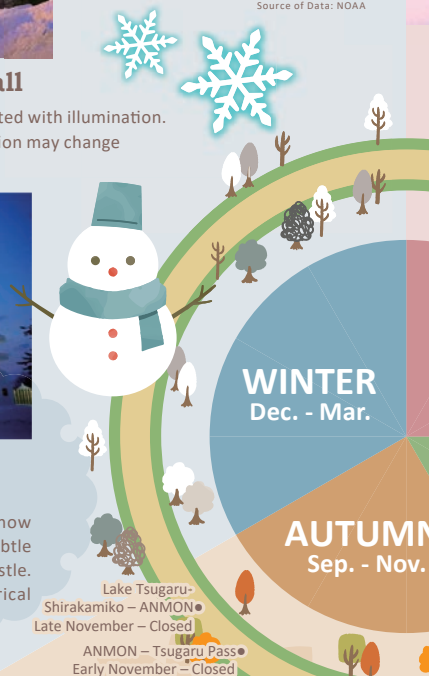
● Hirotsaki Castle Snow Lantern Festival

A group of illuminated snow huts and snow statues invites visitors to a profoundly subtle world around the illuminated Hirotsaki Castle. Large snow statues inspired from historical buildings and large slides are created for a wide variety of events.
Period: Middle of February



	Average Temperature in Winter	
	Hirotsaki City	Nishimeya Village
Dec.	3° -1° 21 Days	5° -1° 18 Days
Jan.	0° -4° 21 Days	2° -4° 17 Days
Feb.	1° -3° 17 Days	2° -3° 14 Days
Mar.	5° 0° 14 Days	6° -1° 13 Days

Source of Data: NOAA



Lake Tsugaru-Shirakamiko - ANMON
Late November - Closed
ANMON - Tsugaru Pass
Early November - Closed

	Average Temperature in Autumn	
	Hirotsaki City	Nishimeya Village
Sep.	23° 17° 10 Days	23° 15° 11 Days
Oct.	17° 10° 12 Days	17° 9° 12 Days
Nov.	10° 4° 17 Days	10° 3° 16 Days

Source of Data: NOAA

● Hirotsaki Castle Chrysanthemum & Autumn Foliage Festival

The old castle at Hirotsaki Park enters autumn with a gentle charm and grace. With a history stretching back more than 400 years, the turrets and gates have been designated important cultural properties. The approx. 1,000 maple and cherry trees changing into their autumn colors create a beautiful landscape with the old castle and its long history.
Period: Late October - Early November



Best Cherry Blossom Season

<Hirosaki Castle>

Around April 18 – May 5

<Nishimeya & Iwaki>

Late April – Early May

Hirosaki Cherry Blossom Festival

There are more than 400 Yoshino cherry trees at Hirosaki Park that are more than 100 years old. The trees are nurtured with loving care by Sakuramori as the tree doctor throughout the year, and they produce healthy, full flowers. Period: April 16 – May 5

Hirosaki Apple Blossom Festival

After the cherry blossom festival, cute apple flowers are in full bloom. Period: Early May

Fresh Green Leaves of Shirakami-Sanchi

When winter ends, Shirakami-Sanchi is adorned with green as far as the eye can see.

	Average Temperature in Spring	
	Hirosaki City	Nishimeya Village
■ Highest Temperature	13°	12°
■ Lowest Temperature	6°	3°
■ Number of Rainy Days	9 Days	9 Days
Apr.		
May	18° 12°	17° 8°
	8 Days	9 Days
Jun.	22° 16°	21° 13°
	7 Days	9 Days

Source of Data: NOAA

	Average Temperature in Summer	
	Hirosaki City	Nishimeya Village
■ Highest Temperature	25°	25°
■ Lowest Temperature	20°	18°
■ Number of Rainy Days	9 Days	11 Days
Jul.		
Aug.	27° 21°	26° 19°
	10 Days	9 Days

Source of Data: NOAA

Hirosaki Neputa Festival

Designated a national important intangible folk-cultural property, the festival features floats painted with pictures of warriors that are paraded in the city. The beautiful pictures painted on the floats and sublime festival music light up the summer night sky in Hirosaki.

Period: August 1 – August 7

Best Season for Autumn Foliage

<Shirakami-Sanchi>

Middle of October – Late October

<Hirosaki Castle>

Late October – Early November



Yellow Leaves at Shirakami-Sanchi

Leaves on the beech and maple trees at Shirakami-Sanchi beautifully change into yellow in autumn and decorate the mountain with a golden color. It's pleasant to walk on fluffy fallen leaves while viewing beautiful nature changed into autumn colors.

People say "Ya, Yado" to each other while carrying floats!



Common Things in Tsugaru!?



★Ginger Miso for Oden

Sweet miso sauce with ginger warms your body nicely! Ginger miso is great for cold climates.



★A Wide Variety of Apple Juice!

Tsugaru is the largest apple producer in Aomori. Compare the balance of sweet and sour in a wide variety of juice made from different types of apples to find the ones you like the most.

★Cooling Beer in Snow

Snow is a natural refrigerator.

We enjoy chilled beer and snacks in winter.



★Onsen Set is Always in Our Car!

Aomori has the largest ratio of public baths per capita. People here love hot spring baths, even in the morning! We usually have everything we need on hand to hop over to a hot spring for a bath at any time.

★Great Shape of Mt. Iwaki

Mt. Iwaki stands as if watching over the Tsugaru Region. Seen from different directions, Mt. Iwaki shows us a wide range of features. People in the surrounding areas are intensely proud of their individual views. (See page 14 for more details.)



Experience the Allure of Shirakami and Hirosaki!

Suggested Itineraries

10:30 a.m.

Beech Forest hiking

Get more enjoyment out of Shirakami-Sanchi with a guide.

P3-4



1:00 p.m.

Lunch at BUNACO CAFÉ

Shirakami Honey Pizza is recommended!

P26

2:00 p.m.

BUNACO workshop

Don't miss this chance to make a one-of-a-kind item.

P22

4:00 p.m.

Shopping at Road Station Tsugaru Shirakami Beech Nishimeya

The store sells a wide variety of souvenirs.

P32

6:00 p.m.

Shirakami no Sakana for dinner

P27

Plan for 1 Night & 2 Days

Plan

Day 1

START

Hirosaki Station

Beech Forest hiking

BUNACO CAFÉ

BUNACO workshop

Walk

Road Station Tsugaru Shirakami
Beech Nishimeya

Public Bus
(Nishimeya Village Yakuba Line)

Shirakami no Sakana

GOAL

Blossom Hotel Hirosaki



9:30 a.m.

Tour Japanese and Western-style buildings at Fujita Memorial Garden

P17-18

Plan

Day 2

START

Blossom Hotel Hirosaki

Rent a bicycle/20 min. by bicycle

Fujita Memorial Garden

1 min. by bicycle

Hirosaki Park

10 min. by bicycle

Umaiya (Tsugaru-han Neputa Village)

1 min. by bicycle

Naka-cho Historical House Preservation Area

1 min. by bicycle

Tsugaru natural indigo dyeing workshop

Bicycle

Search for Hirosaki sweets and stylish items

Return rental bicycle

GOAL

Hirosaki Station

12:00 p.m.

Lunch at Umaiya (in Tsugaru-han Neputa Village)



Experience a homemade meal that is traditional in the Tsugaru region.
Umaiya/61 Kamenokomachi, Hirosaki City/
0172-39-1511/11:00 a.m. - 3:00 p.m./
No scheduled closing days

10:30 a.m.

Stroll through Hirosaki Park

P17



1:00 p.m.

Naka-cho Historical House Preservation Area

P17



2:00 p.m.

Tsugaru natural indigo dyeing workshop

P24

Make a one-of-a-kind handkerchief at Kawasaki Dye Works!



3:00 p.m.

Search for Hirosaki sweets and stylish items

P33



Treat yourself to delicious sweets and discover stylish items!



My Travel Plan

Date xxxx . x . x
xxxx . x . x

Travel at our own pace with a rental car!

Travelers: Dad, Mom, Shi, and Hiro



DAY1

Have fun in Shirakami and Nishimeya!
Nature Enjoyment Day

Travel by

Prepare a rental car

8:45 a.m. Hirosaki Station

→ 9:45 a.m. Aqua Green Village ANMON

10:00 a.m. Hike the Anmon-no-taki Falls Anmon Valley Route (with a guide)

12:30 p.m. Road Station Tsugaru Shirakami Beech Nishimeya

Have lunch of Shirakami soba and charcoal-roasted coffee at Restaurant Mori-no-Door

1:30 p.m. Rafting: Reception/Change clothes

2:30 p.m. Start rafting

4:30 p.m. Finish rafting



There's a hot spring too!

Accommodations

Kogin-patterned room at
 Green Park Mori-no-Izumi

Check-in 5:00 p.m./Checkout 8:30 a.m.



DAY2

Enjoy Hirosaki!
Eating and Workshop Day

Travel by

Rental car

8:30 a.m. Green Park Mori-no-Izumi

→ 9:00 a.m. Hirosaki City Apple Park



9:00 a.m. Tour Hirosaki City Apple Park

Travel by

Rental car 10:15 a.m. Hirosaki City Apple Park

→ 10:30 a.m. Fujita Memorial Garden

10:30 a.m. Stroll through Fujita Memorial Garden

12:00 p.m. Lunch at Taisho Roman Tea Room (Eat lunch and apple pie!)



Travel by

Rental car 1:00 p.m. Fujita Memorial Garden

→ 1:10 p.m. Tsugaru-han Neputa Village

1:10 p.m. Tsugaru-han Neputa Village

Tsugaru lacquer: Goldfish lantern painting workshop

3:00 p.m. Buy souvenirs at Neputa Village

3:40 p.m. Stroll through Hirosaki Park

Travel by

5:00 p.m. Tsugaru-han Neputa Village

→ 5:15 p.m. Hirosaki Station

Return rental car



Facility contact information

Green Park Mori-no-Izumi
 0172-85-3113

Tsugaru-han Neputa Village
 0172-39-1511



My Travel Plan

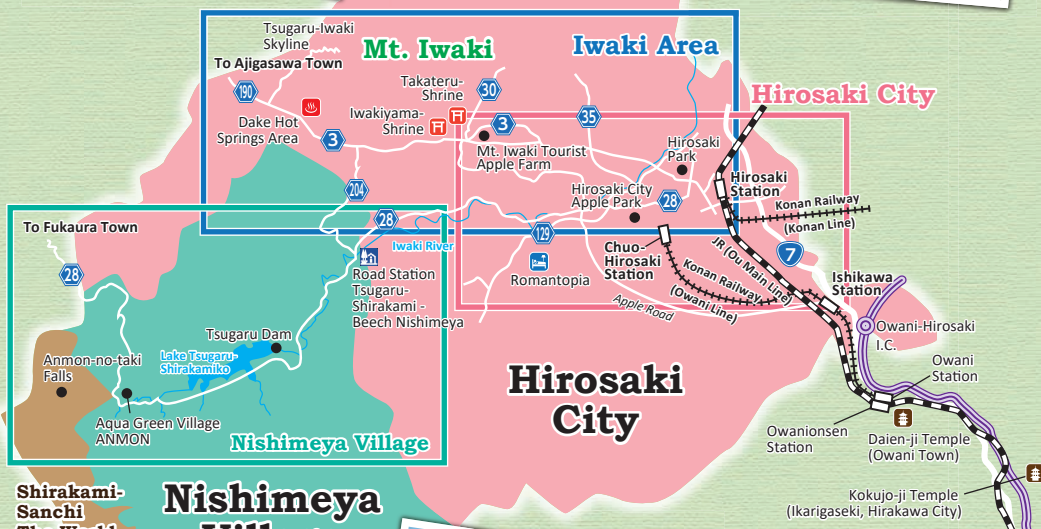
Date . . .
. . .

Make Your Own
Travel Plan!



Nishimeya Village/ Hirosaki City Area Map

Police box
 Post office
 Financial institution • ATM
 Hospital
 Shrine
 Temple
 Church
 Road station
 Information
 Convenience store
 School
 Gas station
 Hotel • Ryokan
 Hot spring
 Restaurant
 Souvenir shop



Shirakami-Sanchi
The World Natural Heritage Site

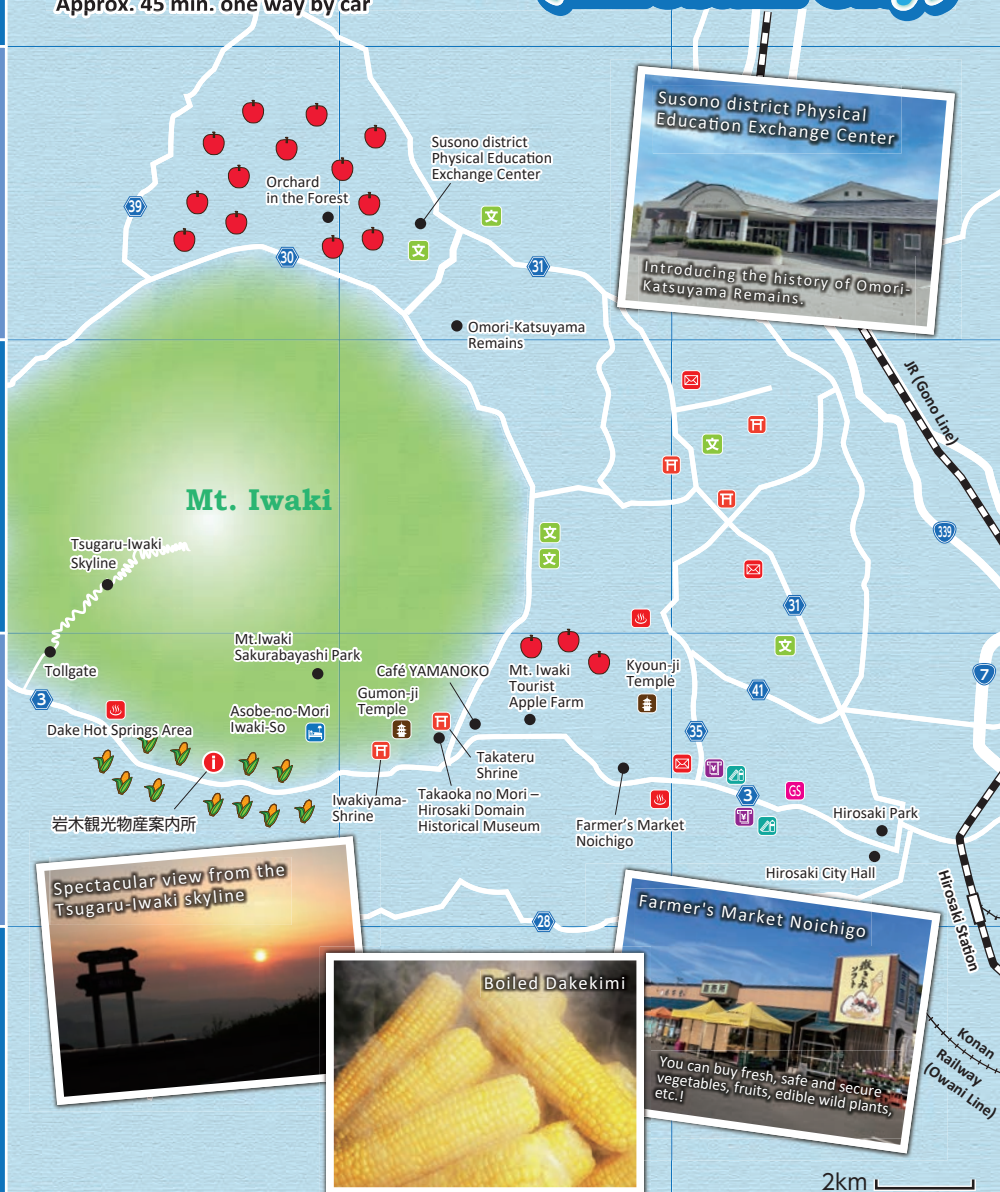
Nishimeya Village



Iwaki AreaMap

(Hirosaki City)

<Time> Hirosaki Station ⇄ Dake Onsen Area
Approx. 45 min. one way by car



F

1

2

3

Nishimeya Village Map

<Time> Hirosaki Station ⇄ Nishimeya Village Office Approx. 55 min. one way by bus
 Hirosaki Station ⇄ Aqua Green Village ANMON 60 min. one way by car

G

H

I

J



To Fukaura Town

Tsugaru Pass

Shirakami
Welcome Tree



Trail to Giant
Beech Trees

Takakuramori
Nature Observation Path

The World
Natural
Heritage
Site
(Buffer Zone)

Anmon-no-taki
Falls

Anmon Valley Route

The World Natural Heritage Trail
Beech Forest Hiking Course



1

2

3



Beech Forest Hiking



Japanese macaque



Onikawabe (1) Remains

Lake Tsugaru-Shirakamiko

Tsugaru
Dam Park

To Fujisato
Town

Kawaratai (1) Remains

Aqua Green Village ANMON

Visit here to get information about Shirakami-Sanchi!



SCAN ME



Shirakami-Sanchi Visitor Center

Learn about the life of beech trees, the structure of beech forests, and the ecosystem of the Shirakami Mountains in the exhibition hall, and experience Shirakami-Sanchi through realistic images in the video hall.

(April 1st-October 31st)8:30-17:00 (November 1st-March 31st)9:00-16:30

*Visit the website to check closed days.

The last convenience store before Nishimeya Village

To Hirosaki City

Tasuki

The last gas station before Nishimeya Village

Taihaku Onsen

28

Takanosu
Matagigoya
Sumiyakigoya

Frog Stone

Niogataki Fall

Mikaeri-zaka Slope

Iwaya Kanzeon

Green Park Mori-no-Izumi

Tsugaru Dam

Shirakami Ga
Furusato Bashi Park

Iwaki River

Shirakami-Sanchi in Winter

Lake Tsugaru-Shirakamiko

Nishimeya Green

Trees with autumn foliage

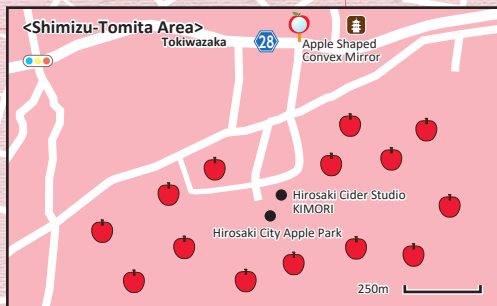
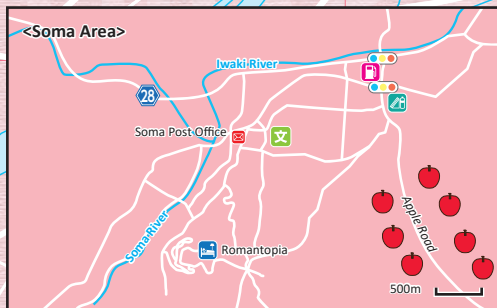
There is a settlement where the roofs are painted in Meiya Green, inspired by young beech. They are cared for lovingly using colors that blend into nature to conserve the natural landscape.

1km



Hirosaki City Map

Hirosaki Route Bus (100yen Bus) (Dotemachi Line) Bus Stop for Tamenobu Route Bus

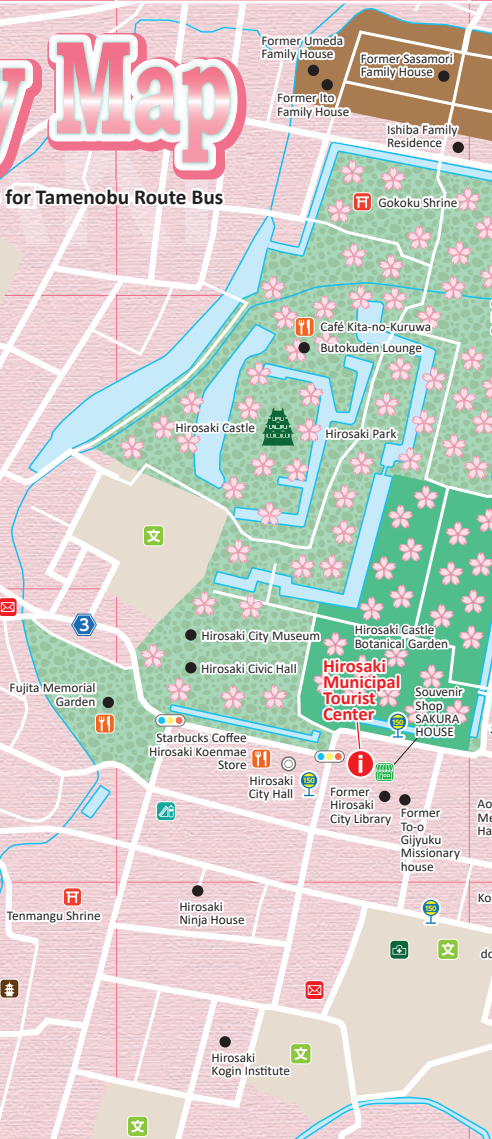
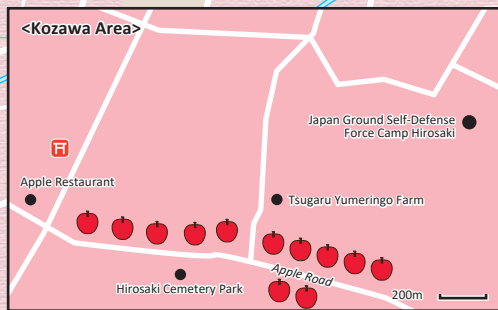


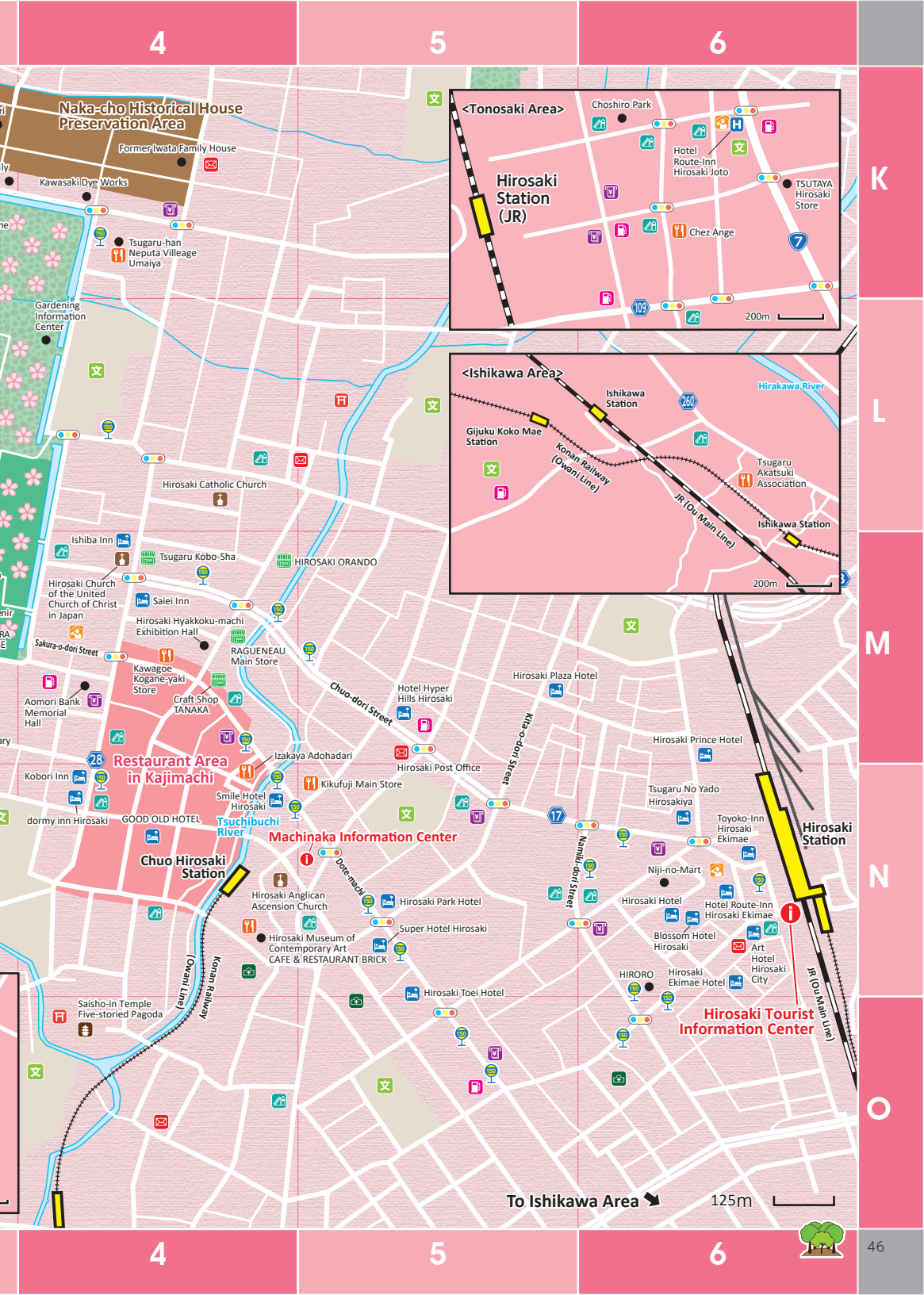
← To Soma Area

↙ To Shimizu-Tomita Area

↓ To Kozawa Area

[Approval (for data use) from the Director-General of the Geographical Survey Institution in accordance with the Survey Act R3JHs 251-GISMAP50338]





Transportation Information for Tourists



Hirosaki
Route Bus



Hirosaki Route Bus

Cash fare: Adults 150 yen/Children 80 yen

With a transportation IC card: Adults 130 yen/Children 70 yen

This bus operates within Hirosaki and costs 150 yen to board. The Dotemachi Route Bus runs downtown, and the Joto Loop Bus provides a convenient way to shop in the suburbs.

Use a transportation IC card for an even better price!

*Please check the official Konan Bus website for more details about bus stops and operating hours.

1-Day Pass: Ride the Dotemachi Route Bus and Joto Loop Bus as much as you want for one day.

Fees: Adults 500 yen/Children 250 yen

★ When getting off the bus, tell staff that you would like to purchase a 1-Day Pass.

You can then purchase and pay for your pass. *Only sold onboard

★ You will be asked to pay using an IC card such as MegoCa.

★ See "How to Start Using MegoCa" on the Konan Bus website (Japanese only) for more information on how to use the card.

Contact : Hirosaki Bus Terminal TEL: 0172-36-5061

(5:30 a.m.–10:00 p.m. *Business hours are subject to change.)



More information
here:



Cycle Net Hirosaki (Rental Bicycle)

Bicycles are convenient for sightseeing in Hirosaki!

Rental season : Rental season: Early May–late November

*The rental period may change due to weather conditions.

*The rental season begins in early April at Hirosaki Tourist Information Center, Hirosaki Municipal Tourist Center, and Hirosaki City Machinaka Information Center.

Rental locations : Hirosaki Municipal Tourist Center, Hirosaki Tourist Information Center (1F, JR Hirosaki Station), Hirosaki City Machinaka Information Center, Hirosaki City Apple Park, Tsugaru-han Neputa Village

Rental hours : 9:00 a.m.–5:00 p.m.

(Return deadline: 5:00 p.m. on the same day for all locations)

Fees : 1 regular bicycle 500 yen/1 electric bicycle 1,000 yen/1

hybrid bicycle 3,000 yen (Reservation required)

*Electric bicycles can be rented and returned only at Hirosaki Municipal Tourist Center and Hirosaki Tourist Information Center; hybrid bicycles can only be rented and returned at Hirosaki Municipal Tourist Center.

*Electric bicycles cannot be rented during the Cherry Blossom Festival.

Contact : Hirosaki Municipal Tourist Center TEL: 0172-37-5501



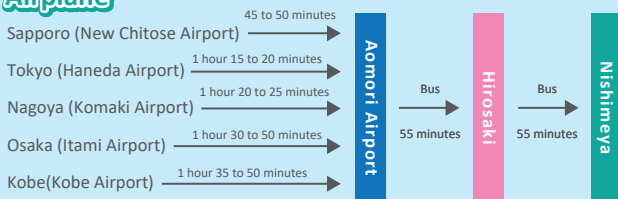
AOMORI Prefecture Traffic Map

	Shinkansen (Bullet Train)
	JR Line
	Private Railways
	Bus Routes
	Sea Routes
	Expressways
	Toll Roads

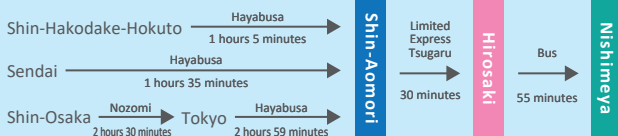


ACCESS

Airplane



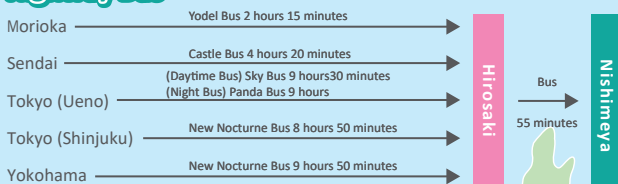
Shinkansen



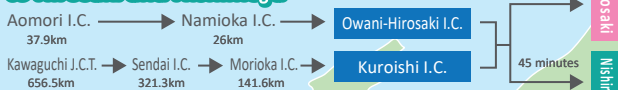
JR Ou Main Line



Highway Bus



Distance from Each I.C. on Tohoku Expressway to Hirosaki and Nishimeya



National Route 7



Konan Railway



道案内について質問

Direction Questions

●●にはどうやって行けばいいですか？

How do I get to ____?

●●までの距離はどのくらいですか？

How far is it to ____?

時間はどのくらいかかりますか？

How long will it take?



車
Car



自転車
Bicycle



電車
Train



バス
Bus

質問の答えの場所に
指をさして使ってね
Please point at the
applicable question
and answers.



0	1	2	3	4	5
6	7	8	9	00	000

買い物についての質問

Shopping Questions

これはいくらですか？

How much is this?

これは使えますか？

Can I use this?

特産品やおすすめはありますか？

Do you have any recommendations
or local products to buy?



紙幣
Bill



硬貨
Coin

～時 hours	～分 minutes	午前 A.M.	午後 P.M.
円 yen	メートル meters	キロメートル kilometers	

Yes. We have. It's good. はい／あります／ いいです	No. We don't have. It's not ok. いいえ／ありません／ だめです
--	---

食事についての質問

Eating questions

●●が入っていない料理はありますか？

Do you have any dishes without ____?

●●を抜いて調理してもらう事は出来ますか？

Is it possible to have this meal without ____?



たまご Egg	乳 Milk	小麦 Wheat
そば Buckwheat	えび Shrimp	かに Crab
落花生 Peanut	牛肉 Beef	豚肉 Pork

場所 Places



病院
Hospital



交番
Police box



観光案内所
Tourist
information
center



郵便局
Post office



ドラッグストア
Drugstore



コンビニ・
スーパー
Convenience
store



レストラン
Restaurant



寿司屋
Sushi



日本料理屋
Japanese
Cuisine



焼肉店
BBQ house



博物館・
美術館
Museum



ショッピング
センター・百貨店
Department
store



100円ショップ
100-yen
Shop



ホテル・
宿泊施設
Hotel



温泉
Hot spring



バス停
Bus stop



鉄道駅
Train station



トイレ
Toilet



銀行・
ATM
Bank



ロッカー
Locker

ついてきてください。
Please come with me.

しばらくお待ちください。
Wait a moment please.

観光案内所で聞いてください。
Please ask at the Tourist Information Office.



